



July-December 2025 Pricing

Initial Nutrition Assessment: \$250 per session*

*\$50 prompt-pay discount available for self-pay clients = \$200 per session

- One 75-minute virtual comprehensive nutrition assessment
- Includes detailed review of health history, medications, supplements, food/nutrition intake, lifestyle factors, and nutrition goals. Your personalized nutrition care plan will be developed from this comprehensive nutritional assessment.
- Following this appointment, virtual monitoring and support will be included between sessions to help ensure your success.

Follow-Nutrition Assessment: \$200 per session*

*\$50 prompt-pay discount available for self-pay clients = \$150 per session

- One 60-minute virtual follow-up nutrition counseling session
- Includes review of progress, concerns, questions, and adjustment of nutrition care plan as needed.
- Virtual monitoring and support are also included between sessions to help ensure your continued success.

Package / Bundle Options

Allied Nutrition Care Premier Package: \$810

*New clients only – valued at \$1,250 for total savings of \$440!

- Six virtual assessment and nutrition counseling sessions including one 75-minute virtual comprehensive nutrition assessment and five 60-minute virtual follow-up nutrition counseling sessions. See above for description of session inclusions.

Allied Nutrition Care Bundle: \$396

*Existing clients only – valued at \$600 for total savings of \$204!

- Three 60-minute virtual follow-up nutrition counseling sessions. See above for description of session inclusions.

*Please note that promotional package pricing / discounts are subject to change.